

## Hate crime

Hate crime is any offence committed against a person or property which is motivated by the offender's hatred of people because they are seen to be different in ways such as race, religion, disability, sexuality or gender.

Anyone can be a victim of hate crime. By reporting hate crime you prevent these crimes happening to someone else.

People who are being bullied because of their race, religion, sexuality, disability or gender, should not be afraid to tell someone.

Every report is taken seriously and could help to stop a young person suffering hate crime.

### How can a young person report an incident during school?

- All schools are required to report incidents to the local authority and they do this by using a system call 'Sentinel' or an alternative reporting form.
- Young people can tell a member of teaching or non-teaching staff that they feel comfortable approaching and talking to; young people will be dealt with sensitively, and offered help and support.

### How can a young person report an incident to the police?

- The police deal with hate crime regularly and as it is a force priority can offer help and support. There are specially trained police officers in your area who can speak to you in confidence. Young people will be dealt with sensitively and professionally.  
**To phone the police call 0845 113 5000**
- 'Hate crime' can be reported online at [www.west-midlands.police.uk/contact-us/reporting-crime/online-reporting.asp](http://www.west-midlands.police.uk/contact-us/reporting-crime/online-reporting.asp)  
Go to the 'contact us' section and choose 'reporting crime'.
- Other help:  
**Childline 0800 1111**  
**Victim Support 0845 30 30 9000**  
**24-hour NSPCC Helpline 0800 800 500**

## Demonstrate your commitment to LGBT young people

Supporting and understanding the needs of Lesbian, Gay, Bisexual, and Trans (LGBT) young people is a key objective of our Children and Young People's Plan and demonstrates our commitment to equality and diversity.



Who to talk to? Where to go for advice?  
What type of support is available?

[www.justyouth.org.uk](http://www.justyouth.org.uk)  
[www.ourguideto.co.uk](http://www.ourguideto.co.uk)

Further copies of the leaflet can be obtained by contacting 0121 612 1485.

Help and support for Lesbian, Gay, Bisexual and Trans (LGBT) Young People in Sandwell

# Who to talk to? Where to go for advice? What type of support is available?

## OUTside In

A youth club for lesbian, gay, bisexual, trans or questioning young people and their friends. Young people are encouraged to attend to take part in a range of activities, seek advice or just to chill and chat in a relaxed, safe environment.

Contact the youth workers on 0121 569 8442

## Young people have their say

shOUT LGBT Youth Steering Group is working towards giving lesbian, gay, bisexual and trans young people a voice. The group holds fortnightly meetings to discuss and work on issues relevant to LGBT young people.

To refer young people contact the youth workers on 0121 569 8442.

Young people can also self refer.



## Support around bullying

Everyone deserves to be treated with respect. Schools and youth clubs are working hard to prevent and deal effectively with bullying. Young people are bullied for a variety of reasons including sexual orientation.

The government defines bullying as: behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally.

The main types of bullying are:

- Physical • Emotional • Verbal • Indirect

Bullying includes:

Name calling, taunting, offensive comments, kicking, hitting, pushing, taking belongings, offensive text messages, use of the internet to send offensive pictures or comments, offensive graffiti, exclusion from friendship groups.

Young people can talk to a member of staff in school or college, a Connexions Personal Adviser or the OUTside In youth workers on 0121 569 8442 for advice.

For more information contact Kate McConlough, Anti-Bullying Strategy Manager on 0845 352 7552 or Juliet Herbert, Principal Equality Officer on 0121 569 3584.

## Someone to talk to?

Head 2 Head provide a confidential counselling service offering young people a space to talk, discuss and think about themselves, in particular how they can effectively manage their feelings and things that are important to them in their lives.

Young people refer for all reasons, e.g. difficulties at school or home, bereavement, sexuality, anger management, relationship difficulties, anxiety following assault or abuse or self-harm.

Young people can call 0121 270 5145/5146 to ask for help. Office is open Monday-Friday 9.30am-5.00pm, However counselling is available Monday-Friday 9.30am-8.30pm and Saturday 9.30am-2.30pm. [www.murrayhall.co.uk](http://www.murrayhall.co.uk) Referrals can be sent to [referrals@murrayhall.co.uk](mailto:referrals@murrayhall.co.uk)

## Connexions Sandwell

Connexions support young people in their transition to adulthood and ensure young people who are Lesbian, Gay, Bisexual or Transgender (LGBT) receive the information and advice they require.

Personal Advisers provide confidential one-to-one support and are sensitive to and respect individual needs, beliefs and feelings about same-sex relationships.

Young people can obtain help and advice from a Personal Adviser in their school, college or local Connexions centre if they are being bullied.

Call a Personal Adviser at:

West Bromwich on 0845 352 0055

Wednesbury on 0845 352 0011

Free Phone on 0800 358 4800

[www.connexionssandwell.co.uk](http://www.connexionssandwell.co.uk)



## Sandwell Primary Care Trust (PCT)

Sandwell PCT is trying to help LGBT people stay happy and healthy. A worker is engaging with the LGBT community to identify their needs and ensure appropriate services are in place to meet these needs.

For more information about the support available or to request a copy of the LGBT service directory contact the Confidence and Wellbeing Team on 0121 612 3488 or e-mail [confidence.wellbeing@sandwell-pct.nhs.uk](mailto:confidence.wellbeing@sandwell-pct.nhs.uk).

## Summit House Support

A confidential free service in Sandwell for Young Gay, Bisexual and men who sleep with men. Summit House offers a range of non scene support services that are friendly and accessible. Services and information provided include: information and advice on sexual health issues and sexually transmitted infections, free condoms and lube, support around 'Coming Out' Drop in service, one to one service, peer support, social groups, discussion groups, support around discrimination and hate crime.

Contact: 01384 243220 or 07980 906895 or e-mail [matt@summithousesupport.co.uk](mailto:matt@summithousesupport.co.uk)

## Gender Matters

A registered charity providing information and support to trans people, their family, friends, professionals and organisations who wish to have more of an understanding of Gender Dysphoria or Transgender issues.

Telephone: 01902 744424 or visit [www.gender-matters.org.uk](http://www.gender-matters.org.uk)  
National Telephone Numbers: 08448 700178 or 07768 668043

## Terrence Higgins Trust

Provides support and advice on HIV and sexual health, and counselling. Website provides information on best practice in work with young LGBT people and information for families coming to terms with someone in their family being gay.

Contact: 0121 694 6440 [www.tht.org.uk](http://www.tht.org.uk)



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